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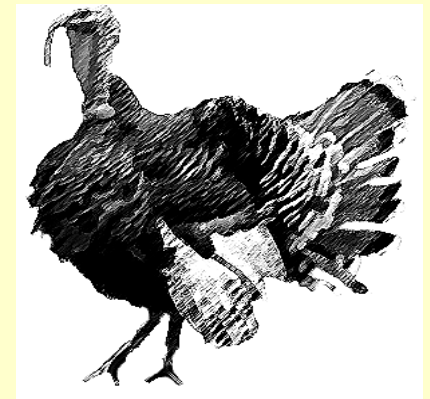
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LA BAGEL DELIGHT
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For information about sponsorship opportunities, call 718-595-2049 or email contact@pptc.org.

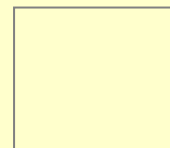
Prospect Park Track Club
PO Box 150658
Van Brunt Station
Brooklyn, NY 11215-0658
Address Correction Required

THE PROSPECT PARK
TRACK CLUB
PRESENTS
**THE 2009 5M
TURKEY TROT**



To benefit the Bishop
Ford Track Teams

9 a.m.
Thanksgiving Day,
Thursday
November 26th
Walkers Welcome
Medals to all registered
finishers
Race souvenir guaranteed
to first 1200 registered
entrants!



Continue the tradition! Run 5M of Prospect Park on Thanksgiving morning. A slightly modified course: race starts and finishes near the Oriental Pavilion, off the Park's Lincoln Road entrance.

Registration

Online: www.active.com (subject to processing fee). Closes at 12 midnight, Sunday, November 22nd.

Download a printable application form from www.pptc.org. Make check payable to PPTC and send to PO Box 150658, Van Brunt Station, Brooklyn, NY 11215-0658 postmarked by Thursday, November 19th.

In person registration and packet

pickup: Sunday, November 22rd, 4-6 p.m. at Bishop Ford HS, 19th Street and Prospect Park West.

Jack Rabbit Sports: Monday, 4-7 p.m. in Manhattan, 42 West 14th Street.

Tuesday, 4-7 p.m. and Wednesday, 3-6 p.m. in Brooklyn at Jack Rabbit Sports, 151 7th Avenue.

Race Day Registration: 7:30 to 8:30 a.m. at the Wollman Skating Rink, off the East Drive. Separate entrance for pre-registered runner number pick up until 8:45 a.m. Race will start at 9 a.m. SHARP!

No credit cards accepted at pre-race and race day in-person registration.

Runners: Place your bib on the FRONT of your shirt/singlet.

For safety of all participants and to satisfy insurance requirements, **no skates, strollers or animals are permitted, and the use of headphones is strongly discouraged.**

Light refreshments at the Oriental Pavilion after the race.

Entry Fees

Non-refundable entry fees:	PPTC	Non-
Postmarked by:	Mbr.	Mbr.
11/7	\$16	\$18
After 11/7	\$20	\$22
Race Day	\$25	\$25

Awards

Holiday pies to first three male and female finishers overall and first Bishop Ford alumni finisher

Medals to all finishers. Note: Registered runners will be timed. Finishing order based on gun times and posted at www.pptc.org.

Bag Check

Bag check will be provided at the Oriental Pavilion as a convenience. PPTC is not responsible for lost or stolen items.

Travel Directions

Parking will be limited. Use of mass transit is suggested.

By Car: BQE, Gowanus Expwy. or Battery Tunnel to Prospect Expwy. Exit at Ft. Hamilton Pkwy. At second traffic light; turn left onto Caton Ave., proceed to Ocean Ave. and turn left to Flatbush Ave. Turn left and make a sharp left at the Willink Park entrance. Once inside the Park, park perpendicular to the curb.

Belt Pkwy. to Ocean Pkwy. north to Prospect Expwy. Exit at Park Circle. Go halfway around the circle to Parkside Ave, proceed to Ocean Ave. Proceed as above.

By Bus: B12 or B16 to Parkside Ave. and Ocean Ave. B41 to Flatbush Ave. and Lincoln Rd. B43 or B48 to Flatbush Ave. and Empire Blvd.

By Subway: Q train to Prospect Park Station. Exit towards front of train at Lincoln Road. Park is to the right.

2009 PPTC Turkey Trot Entry Form

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email: _____

Age: _____ Male Female

Date of Birth: (mm/dd/yy) _____

PPTC Member (for Discount Rate), check here

Bishop Ford Alumnus/a, check here
Other Affiliation (team, school)

No refunds, exchanges or transfers on race entry.

I know that participating in PPTC events is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including, but not limited to, falls, contact with other participants, spectators or others, the effect of the weather, including heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release the Prospect Park Track Club, USA Track & Field, The City of New York and its agencies and departments, the Metropolitan Athletics Congress, and all sponsors, and their representatives and successors, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities. I grant permission to the foregoing persons and entities to use or authorize others to use any photographs, motion pictures, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

Signature: _____

Parent Signature: _____

(if under 18 years of age)

Date _____